

OPEN DAY 7th AUGUST

10 – 4pm

FREE ENTRY

-  Bouncy Castle and Bucking Bronco..back by popular demand
-  Games for all the Family
-  Sumo Suits
-  Face Painting
-  Dog Show
-  Various Display Rides to Music
-  Pony Rides all Day
-  BBQ
-  Cake Sale
-  Raffle Tickets
-  Food and Drinks available
-  Various Volunteer Stands with a variety of Demonstrations
-  ...and much more

...Information continually updated,, so keep a lookout for the Notice Boards



HRTC NEWSLETTER 2011



JULY

Here come the summer holidays, 6 weeks or so of horses, kids, fun and games! And also the serious side of lessons walk outs, picnics and pub hacks.

Hampshire Riding Therapy Centre has a large selection of activities to offer this summer, whether it's for adults or children, beginner riders or novices, advanced hackers or those who would just like to enjoy a quiet amble through the woods with their friends [human and equine]



If you like the thought of waking up to the sound of contented munching[horses] or excited chatter[kids, tho could be birds!] then join in the sleepovers in July and August.

Hampshire Riding Therapy Centre, Hensting Lane, Fishers Pond, Eastleigh, Hants SO50 7HH
www.hampshire-riding-therapy-centre.org.uk hrtc@btinternet.com

01962777714



Reg Charity No 10622253

All our summer events can be found in the centre of the Newsletter so you can pull it out and stick it on your fridge or in your car to remind you to book those all important dates before spaces run out.

There is also the current price list for 2011 for all the activities we are offering.

Also there's that very important date of **AUGUST 7th ..the HRTC Open Day**. We are still in need of volunteers to help with everything and anything.

Fancy yourself as a traffic controller? – then volunteer to direct cars to the Car Park.

Or, are you good at leading ponies or horses for the pony rides?

How about selling raffle tickets, or helping people find the refreshment areas or loos?

Whatever you feel you can do to help, just a small amount of your time will mean a lot to the organizers.



Thank you.

Have fun on the day as well as helping a good cause ..enquire in Reception for details of help that is required



VOUCHERS AVAILABLE

Vouchers are available for purchase in the office
Available for all types of lessons including ladies hour,
group lessons, fast tracks, walk out, day courses
Perfect gift for any member of the family or ideal for friends.
Buy now to use during the summer holidays

THE SUFFOLK PUNCH



A Suffolk Punch foal was born in Cornwall in June. The breed is now rarer than the giant panda.

*"I met a horse the other day ,a Suffolk sorrel, chestnut brown
The wind sliced in off Hollesley Bay
As in its wake the rains came down.*

*And all the while the horse stood still, underneath an ancient oak
Inscrutable, as if I were the butt of some old equine joke
Which all the horses over the years had told each other – but not me.*

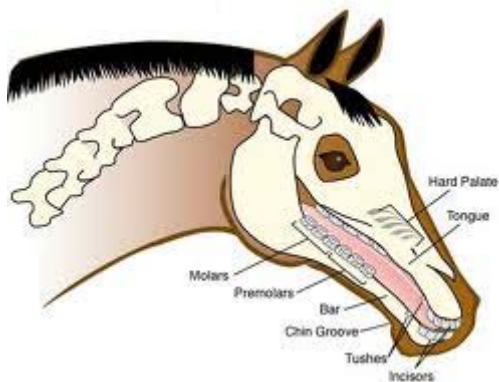
*And there we were, the two of us, man and horse by dripping tree
A rainy summer's afternoon one Saturday – a country fete
Standard fare for middle June, an April shower turned up late.*

*At last the Suffolk Punch turned round, acknowledging that it was wet
He shook his mane and pawed the ground, snorting at me once, "Well met". "*



DRESSAGE EVENING with TRACEY
Wednesdays 6:30 - 7:30
£23.50 per lesson

Call in at Reception and make your booking .



It is common knowledge that the horse's tongue is situated between the dental rows of bones that form the jaw, and sits on the floor of the mouth. Some of the muscles of the tongue are attached to delicate bones at the back of the jawbones and continue towards the shoulders and sternum, establishing a connection between the tongue, the sternum and the shoulder.

A healthy tongue will appear as pink and moist. It is a large, muscular organ containing blood vessels, nerves and three distinct muscles, that control its movement.

The most frequent injury is that of the tongue being bitten during play or eating; this is usually a minor injury that will often result in a scar. Sharp or displaced cheek teeth can also cause serious damage to the tongue, even serious injuries can often be repaired with little or no long-term problems.

Horses sometimes ingest objects from their environment and these can lodge in the tongue. When this happens, the tongue will often become swollen, the horse may be reluctant to eat or drink and the owner may notice the horse drooling. An oral examination will require sedation, or an X-ray or ultrasound may also be required. Because horses with such an injury will be reluctant to eat and drink they risk dehydration, so require a prompt visit from the vet. Many severe tongue injuries can be dealt with and repaired relatively easily by the vet, due to the good blood supply and heavy saliva flow in the mouth.

Horses that display unusual tongue positioning such as poking their tongue out should always have a thorough examination by a vet, with close attention being paid to the fit of any tack used. It should be remembered that one of the main areas of contact of most bits is the tongue and in response to poorly fitted or inappropriate tack the horse may move its tongue to a more comfortable position. injury and scarring of the tongue.

The tongue forms an important part of both the horse's airway and also its ability to eat and, as such, should be checked regularly as part of the horse owner's basic equine health management daily routine.



DAVEY JONES' LOCKER



!!! LIVE !!!

AT 'THE QUEENS HEAD'

COLDEN COMMON

• Friday 12 August 2011

• In aid of Hampshire Riding Therapy Centre

"Helping people with lifetime conditions"

• Registered Charity No. 1062253

• Tickets: £5

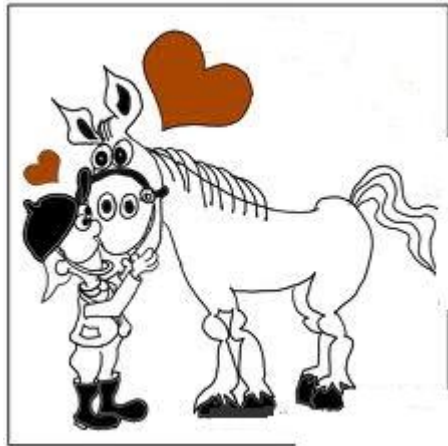
• (available from The Queens Head or Hampshire Riding Therapy Centre)

• Please call 023 8069 2219 for further information



"Dobby spends another delightful afternoon under the 'RED BALL TREE'"

SATURDAY and SUNDAY DAY COURSES £30



10-4pm

Join in with your friends and learn more about how to care for your pony..
 Learn the correct ways to tack up your horse, put his rug on, clean his stable, etc.
 All the things you need to know to make sure your horse is happy and well looked
 after this summer.

A whole days enjoyment...plus an hour riding lesson

What duo were famous for stealing horses?

Know it, Bonnie and Clydesdale



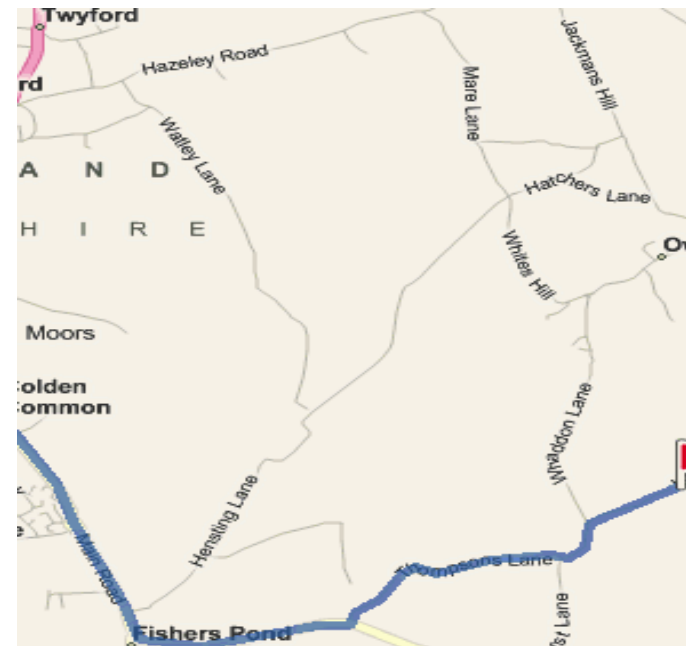
HENSTING LANE-DRAINAGE IMPROVEMENTS, RESURFACING.... Hampshire Riding Therapy Centre will continue to offer all the normal activities. Hacks will still take place, going out through the back fields and onto the tracks. Please contact Reception if you have any queries regarding your normal bookings

Hampshire County Council will be undertaking drainage improvement works in Hensting Lane on Monday 4 July, between 'Summerhouse' and the small pond just South of the Riding Centre. These works are expected to take 5 weeks to complete and will require a road closure.

The work involves 4 passing bays areas constructed where the ditches are overrun, and will include drainage. At the area just past Swift Farm, which has deteriorated badly, 2 new gullies will be installed which will be piped into the ditch on the opposite side of the road. The road will then be repaired.

All work will be carried out prior to Hensting Lane being resurfaced.

Every effort will be made by the contractors, Amey, to allow vehicle access to and from properties, however, there may be times when a delay is unavoidable, and the contractors apologise in advance for any inconvenience.



Hampshire County Council have added that the road will be re opened during evenings and weekends



HRTC DAY COURSE PRICES

Day Course:

A Day Course consists of the loan and care of a pony for a day. During the day you will have one riding session and stable management throughout.

Saturday 10am-4pm £35.00

Sunday 10am-4pm

OUTDOOR SCHOOL

Using your own horse, with HRTC's instructors

½ hour Private	£16
¾ hour Private	£20

Hire of outdoor school using your own horse

1 hour	£10
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Please Note: Jumps are available to be used during your booking of the outdoor school at no charge. Hampshire Riding Therapy Centre, (HRTC), reserves the right to charge for any damages caused to borrowed equipment or to the outdoor school. Any droppings left by horses during your session must be cleared and put in the bins provided in the outdoor school

FAST TRACK

This is a 20 minute lesson, ideal for beginners wishing to eventually join group lessons, or those who wish to try the riding experience.

	Private	Semi-Private	Triple-Private
	£17	£12	£10

LADIES HOUR

Wednesday – 10am

Thursday – 1pm

Friday – 11am

1 hour

£16.50

HRTC RIDING PRICES

All group lessons; 3+ persons	HRTC	£23.50 per hour
	Horse	
All private lessons	Own Horse	£17 per hour
	Horse	
	HRTC	£23.50 per hour
	Horse	
	Own Horse	£17 per hour

Please Note: Private Groups are available. You must inform us in advance if you require a private lesson.

		Before 4pm	After 4pm and at Weekends
Private- one person:	½ hour	£25.50	£27.50
	¾ hour	£31.50	£33.50
Semi-Private- two persons:	½ hour	£18.50	£20.50
	¾ hour	£21.50	£23.50
Triple-Private- three persons:	½ hour	£16.50	£18.50
	¾ hour	£20.50	£22.50
Lunge Private:	½ hour	£26.50	£29.50

Jump Private:	½	£27.50	£29.50
Jump Semi-Private:	½	£20.50	£22.50

Walk-Outs:	½ hour	£16
	¾ hour	£19

Hacking:	½ hour	£19.50
	1 hour	£26.50
	1 ½ hour	£35.50



	<u>Price</u>
<u>31st july</u> Sleep over:7pm-10am,includes tea and breakfast	25.00
<u>2nd August</u> Day course: 9am-4pm	50.00
Day course: 9am-1pm/1pm-4pm	40.00
<u>3rd August</u>	

Picnic Ride: 12-2pm [bring a packed lunch] 35.00

4th August
Day course: 9am-4pm 50.00
Day course: 9am-1pm/1pm-4pm 40.00

7th August
HRTC Open Day: 10-4pm. Ask in Reception or see posters for details

9th August
Day course: 9am-4pm 50.00
Day course: 9am-1pm/1pm-4pm 40.00

10th August
1 ½ hour Hack-Advanced:1-2:30pm 32.00

12th August
Day course: 9am-4pm 50.00
Day course: 9am-1pm/1pm-4pm 40.00



	<u>Price</u>
<u>17th August</u> Day course: 9am-4pm	50.00
Day course: 9am-1pm/1pm-4pm	40.00
<u>19th August</u> Pub Hack: 1-3pm.Enquire in Reception for pre-orderdering	40.00

Sleep over: 7pm-10am, includes tea and breakfast 25.00

23rd August

Day course: 9am-4pm 50.00

Day course: 9am-1pm/1pm-4pm 40.00

24th August

Picnic Ride: 12-2pm [bring a packed lunch] 35.00

25th August

Day course: 9am-4pm 50.00

Day course: 9am-1pm/1pm-4pm 40.00

30th August

Day course: 9am-4pm 50.00

Day course: 9am-1pm/1pm-4pm 40.00

1st September

Day course: 9am-4pm 50.00

Day course: 9am-1pm/1pm-4pm 40.00